



## PATIENT INFORMATION LEAFLET

# PARACETAMOL 500mg Caplets

**Please read all of this leaflet carefully before you start taking this medicine. Keep the leaflet, you may need to read it again.**

**If you have any questions or are not sure about anything, ask your doctor or pharmacist.**

### In this leaflet:

1. What this medicine is and what it is used for
2. Before you take this medicine
3. How to take this medicine
4. Possible side effects
5. How to store this medicine
6. Further information

#### 1. What this medicine is and what it is used for

Paracetamol is an analgesic (pain killer) and an antipyretic (helps to reduce body temperature when you have a fever).

This medicine is used for the relief of headache, migraine, neuralgia and rheumatic aches and pains. Also for the relief of symptoms of colds and influenza.

#### 2. Before you take this medicine

##### Do not take these caplets if:

- you are allergic to paracetamol or any of the other ingredients (see section 6).

**Do not take** anything else containing paracetamol while taking this medicine.

##### Check with your doctor before taking these caplets if:

- you suffer from any liver or kidney problems
- you suffer from alcohol dependence.

### Taking other medicines:

Check with your doctor or pharmacist before taking these caplets if you are taking other medicines, including any that you can buy without a prescription. This is especially important if you are taking:

- anticoagulants to thin the blood e.g. warfarin
- colestyramine (to lower cholesterol levels)
- metoclopramide or domperidone (for feeling sick or being sick).

### Pregnancy and breast feeding

Check with your doctor before taking if you are pregnant or breast feeding.

### 3. How to take this medicine

The caplets should be swallowed with a drink of water. The caplet can be divided into equal doses.

#### Dose

Unless instructed otherwise by your doctor:

Age	Dose	How Often
Adults, the elderly and children 16 years and over	1 or 2 caplets	Every 4 – 6 hours. Do not take more than 4 doses in any 24 hour period.
Children 12 – 15 years	1 or 1½ caplets	
Children 10 – 12 years	1 caplet	
Children 6 – 10 years	½ caplet	
Children under 6 years	Not recommended	

Do not take more medicine than the label tells you to. If you do not get better, talk to your doctor.

**If you have taken too many caplets:**

Talk to a doctor at once if you take too much of this medicine even if you feel well. This is because too much paracetamol can cause delayed, serious liver damage. If you have taken too many caplets, contact your doctor straight away or go to the nearest hospital casualty department. Take with you any remaining caplets and the pack so that the medicine can be identified.

**If you forget to take a dose:**

Do NOT take a double dose to make up for the missed dose.

**4. Possible side effects**

Like all medicines, paracetamol can cause side effects, although not everybody gets them.

If any of the following occur, STOP taking the caplets and contact your doctor IMMEDIATELY:

- allergic reactions which may be severe, such as skin rash and itching, sometimes with swelling of the mouth or face or shortness of breath
- skin rash or peeling, or mouth ulcers
- breathing problems. These are more likely if you have experienced them before when taking other painkillers such as ibuprofen or aspirin
- unexplained bruising or bleeding (may be signs of a problem with your blood)
- feeling sick, sudden weight loss, loss of appetite and yellowing of the eyes and skin (may be signs of a problem with your liver function).

Very rare cases of serious skin reactions have been reported.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at:

[www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store this medicine**

Keep this medicine in the original package and protect from heat, light and moisture.

Do not take the caplets if the expiry date on the pack has passed. If you have any medicines that are out of date, return them to your pharmacist for safe disposal.

**KEEP ALL MEDICINES OUT OF THE SIGHT AND REACH OF CHILDREN**

**6. Further information****Ingredients:**

Paracetamol 500mg Caplets contain paracetamol 500mg as the active substance. They also contain the following other ingredients: maize starch, povidone, pregelatinised maize starch, sodium starch glycolate and magnesium stearate.

**What the medicine looks like:**

Paracetamol Caplets are white capsule shaped tablets, plain on one side and with a breakline on the other side. This medicine is available in pack sizes of 16, 24, 32, 100, 500 or 1000 caplets. (Not all pack sizes may be marketed).

**Who makes this medicine and holds the Product****Licence:**

Crescent Pharma Limited, Units 3 & 4, Quidhampton Business Units, Polhampton Lane, Overton, Hants, RG25 3ED

This leaflet was last revised in October 2017

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