Instruction for use

Please read this information carefully because it will help you use HYCOSAN® PLUS in the right way.

HYCOSAN® PLUS

sodium hyaluronate 0.1% and dexpanthenol 2%

Preservative Free sterile eye drops which are also phosphate free.

For lubrication that can support the healing of a damaged surface of the eye due to dry eyes or surgical procedures.



HYCOSAN® PLUS is a sterile preservative-free solution for ocular use.

Composition:

1 ml HYCOSAN® PLUS contains 1 mg sodium hyaluronate, dexpanthenol, citric acid anhydrous, sodium citrate and water for injections.

What is HYCOSAN® PLUS used for?

For lubrication that can support the healing of a damaged surface of the eye due to dry eyes or surgical procedures.

When should HYCOSAN® PLUS be used?

For regeneration and maintenance of healthy eyes the ocular surface - cornea and conjunctiva - has to be continuously wet. Ideally this is provided by our tears. However, some people have poor quality tear film or an insufficient volume of tears. When these factors are present, the surface of the eye can become tired, red, itchy, sore and you may experience foreign body or burning sensation. These symptoms of an inadequate supply of physiological tears may occur in dry or airconditioned environment, as well as a result of a medical treatment or due to age.

The epithelial cells of the cornea and conjunctiva continuously regenerate and this happens most effectively when the surface of the eye is well lubricated. Therefore it is also important that after surgical procedures the ocular surface is sufficiently lubricated so that the wound heals quickly and effectively.

In all of the above cases it is important to apply sufficient lubrication to the eye by applying HYCOSAN® PLUS in order to renew the physiologic balance of lubrication and moisturisation of the eye.

HYCOSAN® PLUS contains the sodium salt of hyaluronic acid which is a physiologic substance of the eye but also of other parts of the body. Sodium hyaluronate has the special property to form an even and long lasting lubrificating film on the surface of the eye without being rinsed away quickly. With it the moisturising effect is prolonged without impairing vision. Therefore HYCOSAN® PLUS can be used during the day when eye ointments should not be used because of their thick viscosity which causes blurred vision.

Additionally HYCOSAN® PLUS contains dexpanthenol which belongs to the group of B vitamins. Dexpanthenol provides the eyes surface with an effective environment that supports healing, and the lubricating properties of sodium hyaluronate provide additional support. Consequently small superficial erosions of the ocular surface caused by an insufficient tear film heal faster as well as wounds which are the inevitable result of a surgical procedure.

HYCOSAN® PLUS ensures not only a sufficient supply of lubrication to the eye but at the same time provides an improved regeneration of corneal and conjunctival epithelia.

How should HYCOSAN® PLUS be applied?

Please do not use HYCOSAN® PLUS if any part of the protective seal on the folding carton is broken or damaged before using for the first time (🚳).



Picture 1:

Remove cap before use. Hold the cap above the bottle. With your other hand, pull the bottle away from the cap with a rotary movement.

Priming the system:

Before the first application please turn the HYCOSAN® PLUS bottle with its tip down and press onto the bottom of the bottle until the first drop appears at the nozzle. Now the bottle is ready for further use.



Picture 2:

Hold the bottle upside down with the thumb on the shoulder of the bottle and the other fingers on the bottom of the bottle.



Picture 3:

Support the hand holding the COntionuous MOno Dose system (COMOD®)-bottle as shown with the other hand.





Picture 4:

Lean your head back slightly, gently pull down your lower eyelid and apply a strong and quick pressure on the middle of bottom of the bottle. This activates the mechanism for the release of one drop. Because of the special COMOD® valve system, size and speed of each drop are the same independently on how much pressure is applied. Slowly close your eyes to allow the fluid to spread evenly on the eye surface.



Picture 5:

Replace cap immediately after use. Take care that the dropper tip is dry. When applying the fluid please avoid any contact between the tip of the bottle and your eye or your skin.



The COMOD®-system contains 7.5 ml of solution which is the equivalent of approximately 225 drops. For technical reasons a small amount of solution will remain in the bottle.

HYCOSAN® PLUS eye drops are only for you, even people with similar symptoms should not use your eye drops.

What else do you need to know?

If you use any other eye drops there should be at least 30 minutes between the applications and HYCOSAN® PLUS should always be used last. Eye ointments should, however, always be administered after using HYCOSAN® PLUS.

Because it is preservative-free, HYCOSAN® PLUS is well tolerated even when used over a longer period of time. In very rare cases hypersensitive reactions like burning or excessive tearing have been reported which stopped immediately when the use of HYCOSAN® PLUS was discontinued.

If you are a contact lens wearer and you experience such a reaction, please check to see if there has been any change in your contact lens solution, as this may be the cause of the reaction.

HYCOSAN® PLUS may be used while wearing hard or soft contact lenses.

There are no restrictions for the use of HYCOSAN® PLUS in children or pregnant and breast feeding women.

How often and for how long can you use HYCOSAN® PLUS?

HYCOSAN® PLUS should be used according to the instructions given by your doctor, pharmacist or optician. Generally you instil one drop of HYCOSAN® PLUS three times a day into each eye. If necessary it can also be used more frequently. If you use HYCOSAN® PLUS more frequently (e. g. more than 10 times per day) please consult your ophthalmologist/ optician. HYCOSAN® PLUS is suitable for long-term treatment. As with all complaints you should consult your eye specialist when your symptoms persist.

When should you not use HYCOSAN® PLUS?

HYCOSAN® PLUS should not be used if you are oversensitive to one of the ingredients.

What you need to know about storing HYCOSAN® PLUS

HYCOSAN® PLUSDo not store above 25 °C (\$\sqrt{25 \circ}\$).

HYCOSAN® PLUS can be used for 6 months after opening.

Do not use beyond the expiry date (\subseteq).

Keep out of the reach of children.

The following package sizes are available:

7.5 ml of eye drops (sample only – not for resale) 7.5 ml of eye drops

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Manufacturer (🕍):

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